### **HRMC** Medication Use Policy

TITLE: Lovenox (enoxaparin) dosing guidelines					
EFFECTIVE DATE: 11/05	POLICY#: PN.09d	Page 1 of 2			
REVIEW: 11/06, 5/07, 5/08, 5/09, 5 REVISION DATE: 6/07, 5/08		DISTRIBUTION: Nursing; Pharmacy			



# LOVENOX® (enoxaparin) DVT PROPHYLAXIS INDICATIONS

Indication	Lovenox® Dose (enoxaparin)	Duration of Prophylaxis	Dose for CrCl <30 mL/min
Prophylaxis of DVT in Acutely ill Medical patients	*40 mg SQ Once Daily	6 to 11 Days (up to 14 days)	30 mg SQ Once Daily
Prophylaxis of DVT in Patients undergoing Hip Replacement surgery	*40 mg SQ Once Daily initiate 12 hrs pre-op or \$\delta\$ 30 mg SQ Q12H initiate 12 to 24 hrs post-op	7 to 10 Days	30 mg SQ Once Daily
Extended Prophylaxis of DVT in Patients undergoing Hip Replacement surgery	*40 mg SQ Once Daily	Up to three weeks post -discharge	30 mg SQ Once Daily
Prophylaxis of DVT in Patients undergoing Knee Replacement surgery	830 mg SQ Q12H initiate 12 to 24 hrs post-op	7 to 10 Days (up to 14 days)	30 mg SQ Once Daily
Prophylaxis of DVT in patients undergoing Abdominal Surgery (High Risk)	Initiate 40 mg SQ,2 hours pre-op then *40 mg SQ Once Daily	7 to 10 Days (up to 12 days)	30 mg SQ Once Daily
Prophylaxis of DVT in High Risk Trauma patients	<sup>δ</sup> 30 mg SQ Q12H		30 mg SQ Once Daily

Prescribe 40 mg SubQ daily for DVT prophylaxis, if appropriate. (cost savings over 30mg SubQ q12h, and less injections)

<u>ADMINISTRATION</u>: \* <u>Preferred</u> to administer to patient while lying down (may be sitting up). Alternate between the left and right anterolateral and posterolateral abdominal wall. Do NOT rub the injection site after completion.

IF **Dose NOT equivalent to syringe volume** (HRMC policy to round to 10mg):

<sup>1.</sup> WASTE volume PRIOR to administration 2. Administer complete remaining dose 3. Activate safety and discard For doses <30mg, a 60mg/0.6mL or greater syringe must be used, as the 30mg and 40mg syringes do not have graduations.

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## LOVENOX® (enoxaparin) TREATMENT INDICATIONS

Indication	Lovenox® Dose (enoxaparin)	Durat	tion of Prophylaxis	Dose for CrCL <30 ml/min
STEMI (ST-Elevation Myocardial Infarction)	<pre>&lt;75 y/o: 30mg IV, then 1mg/kg SubQ q12h (max 100mg for first 2 doses)</pre>		1mg/kg SubQ once daily (all pts)	
Unstable Angina and Non-Q Wave MI for the prevention of ischemic complications when given in combination with aspirin	1 mg / kg SQ Q12H (with Oral Aspirin 162mg to 325mg once daily)	Minimum 2 Days; Usual duration 2 to 8 Days		1 mg/kg SQ once daily
Inpatient Treatment of Acute DVT with or without PE, in conjunction with warfarin	1.5 mg / kg SQ Once Daily or 1 mg / kg SQ Q12H	Minimum 5 days until therapeutic INR has been achieved (INR 2 to 3). (avg. duration: 7 Days, up to 17 days)		1 mg/kg SQ once daily
Outpatient Treatment of Acute DVT without PE, in conjunction with warfarin	1 mg / kg SQ Q12H			1 mg/kg SQ once daily

#### **NOTES**

 $\underline{\text{Low Molecular Weight Heparin and Unfractionated Heparin: }} \textbf{Concomitant use of Lovenox} \textbf{@ (enoxaparin) with unfractionated heparin is } \underline{\textbf{contraindicated.}} \textbf{.} \textbf{The therapeutic duplication of heparin products has been responsible for a number of fatalities due serious bleeding.}}$ 

SWITCH FROM: Heparin to Enoxaparin -wait at least 2 hours after the heparin infusion has stopped or last heparin injection -wait at least 8 hours after the last Enoxaparin injection

Enoxaparin (Timg/kg) to Heparin -wait at least 8 nours after the last Enoxaparin injection

Enoxaparin (prophylaxis) to Heparin-wait at least 4 hours after the last Enoxaparin injection [IIf patient ≤ 40kg, wait 8 hrs]

<u>Dosing in obese patients:</u> Lovenox® (enoxaparin) dosing is based on <u>ACTUAL</u> body weight, even for obese patients. The maximum dosage for Lovenox® (enoxaparin) studied is 150mg SQ Q12h (without checking of Anti-Xa levels). All doses >150mg (if written for 1mg/kg) require a call to the physician to verify the dose before dispensing.

<u>Perioperative Enoxaparin</u>: Use single-dose spinal anesthesia. Epidural needle placement should be at least 12 hours after the Lovenox® (enoxaparin) prophylaxis dose. For patients receiving 'treatment' dose Lovenox® (enoxaparin), a 24-hour delay is recommended prior to insertion of an epidural catheter.

<u>Post-operative Enoxaparin</u>: First dose of Lovenox® (enoxaparin) should be administered at least 24 hours after the initiation of either single -dose or continuous epidural therapy. It is also recommended that the indwelling epidural catheter be removed prior to initiation of Lovenox® (enoxaparin). If epidural catheter is to be left in place for an extended period of time, Lovenox® (enoxaparin) can be started 2 hours after the catheter is removed.